



Supporting Family Wellbeing

At Thornton Heath Nursery School, we recognise parents and families as children's first and most important educators. We believe in working in partnership with families to build shared knowledge and expertise that supports every child's development.

- From the outset, we foster warm, respectful, and professional relationships with families to ensure all parents feel welcomed, valued, and part of the nursery community.
- We prioritise clear, two-way communication, sharing key policies, updates, and daily feedback while also encouraging open dialogue with families.
- Our team works closely with parents to help them understand their child's developmental stage and interests. Through the use of Tapestry we welcome observations and experiences from home that contribute to each child's learning journey.
- We support parents in building their understanding of emotional wellbeing, resilience, and the importance of nurturing positive communication at home.
- We actively support families through transitions, acknowledging that change can be challenging not only for children but also for their caregivers. This support begins with the initial visit and continues throughout their time with us until the child moves on to school.
- Parent feedback is highly valued and regularly sought to help us improve and evolve our provision.
- We promote awareness of the important role adults play as positive role models in children's lives.
- Families are invited to take part in nursery events, celebrations, and learning opportunities, including workshops focused on key developmental milestones such as weaning, toilet training, establishing routines, and preparing for school transitions.
- We encourage families to adopt and promote an active lifestyle, both at nursery and at home.
- We share information and guidance around healthy eating, supporting parents to promote nutritious choices and foster independence during mealtimes.
- We maintain an open-door policy, where families are welcome to discuss any concerns, questions, or requests for support at any time.
- Our Wellbeing Champion is available to signpost families to additional support services and to share relevant policies, procedures, and wellbeing resources.