


Nursery Room - Suggested activities for home learning 1

Choose at least one activity to complete each day.



	Monday	Tuesday	Wednesday	Thursday	Friday
Literacy	<p>Read a book to your favourite cuddly toy</p> <p>-----</p> <p>Practice writing the first letter of your name or your whole name if you can (Make sure you use a capital letter at the start)</p>	<p>Listen to the story of The three billy goats gruff on Youtube – you can join in with the story. i.e. “Who’s that clip clopping over my bridge”</p> <p>Make stick puppets of the large, medium and small goats and the troll. Draw then cut out the characters and attach to a stick.</p>	<p>Listen to the story of The three billy goats gruff on Youtube – you can join in with the story. i.e. “Who’s that clip clopping over my bridge?”</p> <p>Draw a bridge over water and retell the story to your grown up or sibling using the stick puppets you created. Can you remember what the troll said?</p>	<p>Listen to the story of The three billy goats gruff on Youtube – you can join in with the story. i.e. “Who’s that clip clopping over my bridge?”</p> <p>-----</p> <p>Play the true or false quiz (you could do thumbs up thumbs down)</p> <p>There are 3 pigs in the story True or False The goats went over a rainbow True or False The goats ate grass True or False</p>	<p>Listen to the story of The three billy goats gruff on Youtube – you can join in with the story. i.e. “Who’s that clip clopping over my bridge?”</p> <p>Have a go at telling the story to a grown up or your brother or sister. You can use the props you made earlier in the week to help.</p>
Phonics	<p>Play a Phase 1 phonics game about sounds. Talk about the different sounds you hear: Phonicsplay.co.uk- Sound starters</p>	<p>This week our letter sound is “P” Watch the teaching of the “P” sound Lesson 4 – Reception -Youtube</p>	<p>Recap on the letter sound of “p” (you could watch the same you tube clip as Tuesday)</p> <p>Listen to the Jolly Phonics song for “p”Jolly Phonics Song – P - Youtube</p> <p>Don’t forget to make an “p” shape with your hands as you sing the song</p>	<p>Recap on the letter sound of a (you could watch the same you tube clip as Tuesday)</p> <p>Go on a scavenger hunt and find 3 items in your house that begin with the “p” sound.</p> <p>Spotting the “p” sound. Share a book with your grown up. How many “p” sounds can you find?</p>	<p>Recap on the letter sound of p (you could watch the same you tube clip as Tuesday)</p> <p>Practice writing the letter “p”. You could tip some salt or rice on a table / tray and practice writing it with your finger.</p> <p>“p” Down the plat up the plat round the pirates face</p>
Maths	<p>Finding the value of number 3. Use objects i.e. Lego to find the value of 1, 2 and 3. Ask an adult to help you write the number (i.e. 1) then count the number of objects for that numeral. (i.e. 1 block) Challenge – Write and then Count up to 5 objects.</p> <p>Watch: Numberjacks 1,2,3 Go - video on YouTube.</p>	<p>Listen to The goats came marching song on CBBC</p> <p>Have a go joining in with the song and show the number of goats marching over the bridge on your fingers as you sing the song.</p> <p>Challenge – find the number 3 around your house, in a book or when you go for a walk.</p>	<p>Do 5 jumps, skips or claps. Count each action once as you do it. Remember to count one number for one jump.</p> <p>Challenge – Count 10 jumps, hops or skips.</p>	<p>Listening for the number game. Ask an adult or sibling to help you play this game. Close your eyes (no peeking!) Your helper will clap out a number (up to 5) but they won’t tell you the number, i.e. 3 claps. As they clap have a go at counting how many claps you can hear. Remember one number for each clap.</p> <p>Challenge – Vary the speed of the claps to ensure only one number name is used for each clap.</p>	<p>Play a board game using a die. You can draw your own snake and ladders game.</p>  <p>Use the link to roll a virtual die: Online Dice roller Try to notice the dot patterns without having to count them. Challenge – clap, jump, skip the number you roll on the dice.</p>
Exploration and fine motor	<p>Draw, paint, construct something that makes you happy.</p> <p>Watch THNS.org video for more fine motor skills ideas.</p>	<p>Go for a mindful walk. Have a look at the below link to learn more before you go for your walk.</p> <p>Mindful Walk video - Youtube</p>	<p>Go for a mindful walk or look out of your window. What do you hear? What do you see? Listen very carefully for the quiet sounds you may miss. What do you think that is?</p>	<p>Listen to this video from CBBC – Listen and play The three billy goats gruff. Join in with the audio and remember you’ll have to use your listening ears for this activity.</p> <p>You could make a big pair of ears (or use the template here) to wear when you are doing the listening activities.</p>	<p>Join in with cosmic yoga based on the three billy goats gruff.</p> <p>Three billy goats gruff - Cosmic yoga - YouTube</p>
Skills for life	<p>This week is children’s mental health week. This year’s theme is Express Yourself. Discuss different emotions i.e. Happy, sad, lonely, worried etc how they make you feel and what you can do to make you feel better. Watch CBBC video on emotions to help in your discussion.</p>	<p>Wear your favourite item of clothing. Why is it your favourite? How does it make you feel when you wear it?</p>	<p>Listen to your favourite song or make your own music. Why is it your favourite? How does it make you feel when you listen to/play it? (excited, happy, calm etc)</p> <p>Move your body to express how you feel. Dance a silly dance, have fun and giggle with your grown up.</p>	<p>Ask your adult to help you make/prepare your favourite meal/food. Why is it your favourite? Is it the smell, the taste, the sound or the way it looks? What is your least favourite food? And why?</p> <p>Healthy foods can make us feel better inside and outside. We should try to have a balanced diet (not too much of one thing) and our plate should have a rainbow of different colour food on it. i.e green peas, orange carrots, red tomatoes etc.</p>	<p>Join in with Cosmic yoga for kids – Mindfulness – YouTube</p> <p>Remember to talk to your grown up about how you are feeling and your thoughts.</p>